



**APhA-ASP Regional Officer Elections**  
**Candidate for Midyear Regional Meeting Coordinator – Region 5**

**Lauren Gravert**  
**The University of Iowa College of Pharmacy**

**lauren-gravert@uiowa.edu**

## **GOAL STATEMENT**

I am passionate about serving APhA-ASP because of its engagement in all areas within the practice of pharmacy, its dedication to providing experiences for students to yield exemplary health care services for the community, and its involvement in contributing to the advancement of patient care and the profession. In this position, I aim to support and guide chapter officers in our region in their local efforts to continue the values and experiences that APhA-ASP upholds. I will do this by establishing fruitful relationships with our region's chapter officers and members. I also intend to provide opportunities for brainstorming meetings to aid in the development of impactful chapter meetings, patient care experiences, and events that will help craft students into exceptional future pharmacists. I plan to inspire members to attend the Midyear Regional Meeting and help to provide ways for all students to utilize the opportunities the meeting provides. I believe my intent to create effective connections with our region, to provide resources for chapters, and to ensure essential communication will allow me to achieve these goals.

## **BACKGROUND & EXPERIENCE**

Currently, I serve as our local APhA-ASP chapter President, in which my term will conclude in February. Prior to this I served for a year as our chapter's President Elect. Outside of APhA-ASP, I serve as the Regional Co-Chair for Kappa Psi's Philanthropy Committee, as well as the Vice Regent (Vice President) for our local Kappa Psi chapter. I also serve as the Treasurer for our Phi Lambda Sigma chapter and am a Student Ambassador for the University of Iowa College of Pharmacy.

Serving in a regional position for Kappa Psi Pharmaceutical Fraternity has allowed me to learn how to be a liaison between national and local members. I believe this experience will make me a great candidate for MRMC, as I can use these skills to aid in promoting effective communication to ASP chapters. Being the chapter President of APhA-ASP has taught me how to plan and execute successful chapter meetings and events which will be an immense benefit when planning MRM. All of these positions have aided me in effectively managing my time between classes, work, research, and other opportunities. MRMC can be a demanding position at times, and I believe with my experience, I will be able to carry out my duties efficiently and successfully. These positions have allowed me to develop into a strong and effective leader, which is vital for being a regional officer.

## **TALENTS & SKILLS**

I believe I am a candidate who excels at communication, who is a team-based leader, and is a very effective multi-tasker. Through my leadership experiences, I have learned how to adapt to malfunctioning situations that require creativity. Being reliable, approachable, and empathetic are all qualities I feel I possess that will allow me to serve effectively in this role.

## **PLANS AS MIDYEAR REGIONAL MEETING COORDINATOR**

As APhA-ASP Midyear Regional Meeting Coordinator, how will work to increase the awareness of the APhA-ASP Midyear Regional Meeting and encourage student pharmacist participation in MRM2024?

As MRMC, it is vital to emphasize and promote the importance of the Midyear Regional Meeting. The opportunities for student pharmacists this meeting offers will impact their pharmacy trajectory and aid in their professional development as future pharmacists. The innovative programming exploration allows students to learn new ways to impact their chapter and community, which provides patients with new care opportunities. As MRMC, I would increase awareness and participation in MRM by working with chapters to ensure the benefits of this meeting for their members are well understood and promoted. This requires effective relationships with chapter leaders in my region, which I aspire to develop. I also intend to provide resources for chapters to utilize about MRM, and work with them on developing ways for students to attend. Starting advertisements early and proposing a social media campaign are ways I plan to achieve these goals. I believe it is also imperative to collect feedback from students on how MRM can be improved to ensure we are providing opportunities that are compelling for all students.